

SAMPLE WEEKLY MENU



	Lunch	Dinner
MONDAY	Manicotti w/marinara Turkey Club Sandwich Fries Breadsticks Cauliflower w/cheese sauce Peas and Carrots Vanilla Pudding Parfaits	Lemon Baked Cod Fillet Ham & Scalloped Potatoes Broccoli Rice Casserole Asparagus Asst Desserts Broc. & Caulif (CSA) Country Bean Soup
TUESDAY	Chicken ala King w/ pastry shell Beef Stroganoff Buttered Noodles Garlic Mashed Potatoes Buttered Corn Lima Beans Jello Cake	Pork Fritter Sandwich Italian Beef Sandwich w/au jus Cheesy Potato Bake Fries Cream of Potato Soup Green Beans Cookies Fancy Mix Vegetables
WEDNESDAY	Ham Loaf Fettuccini Alfredo Primavera Mashed Sweet Potatoes Buttered Brussel Sprouts Capri Mix Veggies Strawberry Rhubarb Pie	Garden Veggie Lasagna Hot Dogs (8/1), Polish Sausage, Corn Dogs Fritos Chili chopped onions, relish, mustard, ketchup, chili Mixed Veggies Baked Beans Fritos Chocolate Crème Pie
THURSDAY	Breaded Chicken Fillets Cheese Tortellini Alfredo Wild Rice Cheesy Mashed Potatoes Italian Vegetables Glazed Carrots	Steve's Favorite Sub Tuna Noodle Casserole Red Beans & Rice Chips French Onion Soup Cream Corn Banana Pudding Fancy Mix Vegetables

Residents Meal of Choice	Grilled Ribeye Steaks Breaded Chicken Strips Baked Potatoes	Rueben Sandwiches Baked Chicken Breast Fries
FRIDAY	Augratin Potatoes Seasoned Green Beans Angel Food Cake w/fresh Strawberries	Parsley Buttered Potatoes Cut Broccoli Asst Desserts Green Peas Soup
SATURDAY	Roast Beef American Spaghetti Mashed Potatoes/brown gravy veggie Italian Green Beans Lemon Bars	Beefy Spanish Rice Breaded Popcorn Shrimp Tortillas Chips Skin On Fries Tomato Soup Normandy Vegetables Green Peas Cookies
SUNDAY	Fried Chicken Baked Ham Mashed Potatoes Sweet Potatoes Scalloped Corn Spinach Brownies	BBQ Pork Sandwich Tator Tot Casserole Fries Honeyed Carrots Cauliflower Chicken Noodle Soup Chocolate Cake