

## SAMPLE WEEKLY MENU



	Lunch	Dinner
<b>MONDAY</b>	Manicotti w/marinara Turkey Club Sandwich Fries Breadsticks Cauliflower w/cheese sauce Peas and Carrots Vanilla Pudding Parfaits	Lemon Baked Cod Fillet  Ham & Scalloped Potatoes  Broccoli Rice Casserole  Asparagus      Asst Desserts  Broc. & Caulif (CSA)  Country Bean Soup
<b>TUESDAY</b>	Chicken ala King w/ pastry shell Beef Stroganoff      Buttered Noodles Garlic Mashed Potatoes Buttered Corn Lima Beans Jello Cake	Pork Fritter Sandwich  Italian Beef Sandwich w/au jus  Cheesy Potato Bake Fries      Cream of Potato Soup Green Beans      Cookies Fancy Mix Vegetables
<b>WEDNESDAY</b>	Ham Loaf Fettuccini Alfredo Primavera Mashed Sweet Potatoes Buttered Brussel Sprouts Capri Mix Veggies Strawberry Rhubarb Pie	Garden Veggie Lasagna  Hot Dogs (8/1), Polish Sausage,  Corn Dogs      Fritos      Chili chopped onions, relish, mustard, ketchup, chili  Mixed Veggies      Baked Beans  Fritos      Chocolate Crème Pie
<b>THURSDAY</b>	Breaded Chicken Fillets Cheese Tortellini Alfredo Wild Rice Cheesy Mashed Potatoes Italian Vegetables Glazed Carrots	Steve's Favorite Sub  Tuna Noodle Casserole Red Beans & Rice Chips      French Onion Soup  Cream Corn      Banana Pudding Fancy Mix Vegetables

<b>Residents</b>	Grilled Ribeye Steaks	Rueben Sandwiches
	Breaded Chicken Strips	Baked Chicken Breast
<b>Meal of Choice</b>	Baked Potatoes	Fries
<b>FRIDAY</b>	Augratin Potatoes	Parsley Buttered Potatoes
	Seasoned Green Beans	Cut Broccoli    Asst Desserts
	Angel Food Cake	
	w/fresh Strawberries	Green Peas    Soup
<b>SATURDAY</b>		Beefy Spanish Rice
	Roast Beef American Spaghetti	Breaded Popcorn Shrimp
	Mashed Potatoes/brown gravy	Tortillas Chips
	veggie Italian Green Beans	Skin On Fries    Tomato Soup
	Lemon Bars	Normandy Vegetables
		Green Peas    Cookies
<b>SUNDAY</b>	Fried Chicken	BBQ Pork Sandwich
	Baked Ham	Tator Tot Casserole
	Mashed Potatoes	Fries
	Sweet Potatoes	Honeyed Carrots    Cauliflower
	Scalloped Corn Spinach	Chicken Noodle Soup
	Brownies	Chocolate Cake